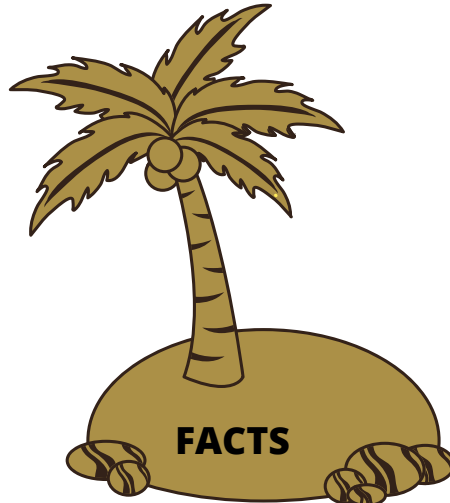


COGNITIVE RESTRUCTURING

EMOTIONAL REGULATION

STORY

EMOTION



ACTION

BEHAVIORAL ACTIVATION

IMPULSE CONTROL

